



## TIMETABLE 2026

### VSD Studio - Everyone Active, Hemel Hempstead

(Located on the first floor next to the squash courts)

<b>Monday</b>	
4:15 - 5:00pm	SENIOR / ADV JAZZ
5:00 - 7:00pm	PERFORMERS
7:00 - 7:45pm	ADV (G5) TAP
7:45 - 8:30pm	ADULT TAP SENIOR / ADV
8:30 - 9:15pm	ADULT TAP BEG / INTER
<b>Tuesday</b>	
4:00 - 4:30pm	BABY BALLET
4:30 - 5:30pm	LITTLE STARS
5:30 - 6:00pm	MUSICAL THEATRE MINI'S
6:00 - 6:45pm	STREET DANCE JUNIORS
6:45 - 7:30pm	MINI PERFORMERS
7:30 - 8:15pm	MUSICAL THEATRE
8:15 - 9:15pm	ADV / SENIOR CONTEMPORARY
<b>Wednesday</b>	
4:00 - 4:45pm	JUNIOR (G1/G2) TAP
4:45 - 5:30pm	JUNIOR JAZZ / MODERN
5:30 - 6:15pm	JUNIOR (G1/2) BALLET
6:15 - 7:15pm	SENIOR (G4) BALLET & PRE POINTE
7:00 - 7:15PM	PRE POINTE / STRENGTH / CONDITIONING BALLET
7:00 - 8:00pm	ADV (G6) BALLET
8:00 - 8:45pm	POINTE
<b>THURSDAY</b>	
4:30 - 5:15pm	INTER (G2/G3) TAP
5:15 - 6:00pm	INTER JAZZ / MODERN
6:00 - 6:45pm	STREET DANCE INTERS
6:45 - 7:30pm	INTER / SENIOR CONTEMPORARY
7:30 - 8:15pm	SENIOR (G4) TAP
8:15 - 9:15pm	STREET DANCE ADV / SENIORS